

HEALING A MOMENT IN TIME

**Healing at the Hall – join us for monthly group healing sessions at The Sands
Room Village Hall**

Upcoming session: "THE PATH OF HEALING"

Join me by taking a moment for yourself to connect and reflect through a safely guided hypnosis session focusing on the path of healing you wish to receive and take.

When: Sunday, 25th May 2025, 10:00am to 12:00pm

Where: The Sands Village Hall, The Green, Farnham, Surrey, GU10 1LL

Cost: £20 (payable at the time of booking)

To book: email Tesi tesi@healingamomentintime.co.uk

What is Healing at the Hall?

These sessions will take you on a wonderful journey of exploration with each month focusing on a different healing aspect, allowing you to take a moment just for yourself to take a break from life, relax, allow yourself to receive healing and connect within yourself, leaving you feeling refreshed, energised and more compassionate towards yourself.

How can these sessions help me?

The specifically written sessions help you to make conscious contact with the wonderful universal healing light and healing frequency, and as a hypnotherapist and energy healer, my skill is to help you and your aura to attain a frequency which allows for healing to be received by you.

Healing is another word for choice - and these guided hypnosis sessions aim to help you to reach a level of relaxation as well as allowance so you can receive the healing that you need the most.

Healing a Moment in Time – www.healingamomentintime.co.uk